

Get a flu shot, not the flu!

The flu can put you in the hospital...or worse.

- The flu is dangerous to people over 65, and it can hit working-age adults just as hard
- If you get the flu, you may pass it on to your family, your friends, and your coworkers

Help protect against the flu—get vaccinated every year.

- Vaccination is recommended for all appropriate adults, especially if you are 50 years of age or older
- If you have a current medical condition, vaccination is recommended
- Complications from the flu can make existing medical conditions worse
- You cannot get the flu from the flu shot

Everyone wins when you get vaccinated.

*It is not worth the risk.
Get your flu vaccine.*

Talk to your doctor about the vaccine
that is best for you.



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